








# REGULATIONS



## WHEN TO CLIMB?

-  Minimum age of 6 years
-  Maximum weight of 120kg
-  Till the age of 15, a climber must be accompanied by an adult in the forest

## JUNIOR

-  Minimal length 1.20 meter
-  Access to orange routes

## REGULAR

-  Minimal length 1.40 meter
- Access to all routes
-  Till the age of 10, a climber must be escorted by a climber age 16 and over in the routes red, brown\*, black and grey
- An attendant is allowed to escort a maximum of 2 climbers
- \*just at Klimbos Gooi-Eemland

As a customer you are obligated to follow the instructions en clues of our staff. Staff members are allowed to dismiss all climbers who are not following up the instructions, without warning. Klimbos Nederland is not accountable for any damage of clothing or other properties.

Climbing at Klimbos Nederland is safe, but the activity itself is risky.

[KLIMBOS.NL/EN](http://KLIMBOS.NL/EN)



No loose objects in the routes



Pay attention, check yourself on ticks afterwards



No alcohol and drugs



Climbing is fysically strenuous, make sure to eat and drink enough



Leave no garbage in the forest



In case of storm, we will evacuate the forest



No scarfs, flip flops or skirts in the routes



Choose firm shoes



Climbing is only allowed with instruction and harnesses of the climbing forrest



Put up long hair for your own safety